



The Pachamama Alliance

March 2016 Newsletter

"Building a critical mass of committed global citizens... to create a human presence on the planet that is environmentally sustainable, spiritually fulfilling, and socially just."

PACHAMAMA OF GREATER ROCHESTER

OPENING SACRED SPACE

*Living Consciously
Is a choice.
It is not an easy journey.
So many questions come to our attention
And they demand thoughtful answers.
So many events require a reasoned response.
The temptation to
shake one's head and then bury it under a pillow,
to hide one's face from others,
Is so very strong.
March does not help.
It's the month when the calendar says "SPRING!"
And the weather responds "NOT YET!"
And in response to the overwhelming urge to crawl back under the covers,
into the dark and cozy warmth of ignorance and inaction,
we are called to be
LIGHT and PRESENCE in the world.*

*Action is the Antidote to Despair
—Joan Baez*

*The will to act is a renewable resource
—Al Gore*

http://www.ted.com/talks/al_gore_the_case_for_optimism_on_climate_change

The Game Changer Intensive

The Game is Rigged: It's Time to Change the Game: Picking up where the Symposium leaves off, the Game Changer Intensive is about both personal and planetary transformation: Who we need to be and what we need to do at this momentous time in human history.

As Sue Staropoli has said: We must each ask the question – “what’s mine to do?”

Join a Growing Community Taking a Courageous Stand for Change: Pachamama Alliance's Game Changer Intensive is a 7-week online course that provides an analysis of the systems and structures that create and sustain a world of injustice and environmental degradation, and empowers you with the personal resources and community needed to effectively stand for a just, sustainable, and fulfilling future.

Check out this overview of the GCI: <http://www.pachamama.org/how-to-change-the-world-online-course> **The next Game Changer Intensive begins March 15 and the last day to enroll is March 6.** <http://www.pachamama.org/engage/intensive/apply>.

Pachamama Rochester

Pachamama Core Team Meeting Wednesday March 9, 2016: Place: Padme Livingstone's home, 472 Harrogate Drive, Rochester NY 14625; Schedule: 5:30pm pot luck; 6:30 group sharing; 7-8:30 Meeting. Bring a dish to share and/or just bring your presence; All are welcome. RSVP to Theresa McGowan (mcgowan4@frontiernet.net - 585-235-6121) so you can be informed of the agenda and future meeting information.

Creating A More Just Sustainable And Fulfilling Community And World: The focus of the Rochester Pachamama Alliance is to work in partnership with others to create a more just, sustainable and fulfilling community and world. We are blessed to have so many in the Rochester area! Besides connecting with other organizations to find hosts and participants for our symposium, we want to support efforts of other groups who are working on these issues. Our goal is to awaken, inspire and empower – so the more opportunities people have to engage, the better! **PLEASE let us know how we can connect and collaborate with any groups you're involved with in our local community!** We're especially interested in partnering with local indigenous communities, as has happened in other parts of the country. Working together is the path to healing our world! Contact Sue Staropoli: suestar1@rochester.rr.com - 586-4007 (H), 734-2816 (C)

Awakening The Dreamer Symposium!

PLEASE let us know of any groups who might like to host live symposiums! We need your contacts to help spread this vision and empowering experience!

<http://www.pachamama.org/engage/symposium>

In the meantime do you need a shot of hope as you look at all the crises of our world? After you made your symposium, did you want to share the program with others who might be touched by it, as you were? Or did you want to go back and re-visit some of the videos that had moved or inspired or surprised you in the program? Have you been wanting to attend an Awakening the Dreamer symposium but haven't been able to attend those offered locally? Have you wanted to be re-energized by the Pachamama vision? Now so much is possible, with the latest offering of the Pachamama Alliance!

<http://www.pachamama.org/engage/awakening-the-dreamer>

Generation Waking Up

Please help us bring the Symposium to the next generation!

www.generationwakingup.org/ <https://www.facebook.com/generationwakingup>

From The Pachamama Alliance Leadership

Pachamama Alliance Community Introductory Call: Learn about Pachamama Alliance Communities and the opportunities available to you when you join a global network of local groups committed to personal and social transformation. These communities play an important role in the [Up to Us engagement pathway](#), building a movement working towards an *environmentally sustainable, spiritually fulfilling, socially just human presence* on this planet. Find your path or follow your passion with the support of your Community and Pachamama Alliance to amplify your efforts and concretely impact big issues.

<http://www.pachamama.org/engage/communities/intro-call>

Ecuador Signs Contracts for Two Oil Blocks in the Amazon to Chinese Oil Giant. The indigenous people in this region are strongly opposed to any plans for oil development and vow to resist and stop these projects. They know the environmental and social disaster that oil development will bring. <http://www.pachamama.org/news/ecuador-signs-contracts-two-oil-blocks-amazon-chinese-oil-giant>

COMMUNITY CALENDAR

Tuesday, March 1st, 12:12 - 12:52pm; Tuesday Topics: Gun Violence and Gun Control: Where Do We Go From Here? Kate Gleason Auditorium, Central Library, 115 South Avenue in downtown Rochester, NY; sponsored by Friends & Foundation of the Rochester Public Library (FFRPL) Presenters: Peter Read, retired United States Air Force officer and charter board member of the Virginia Tech Family Outreach Foundation; Gary Pudup, Rochester Regional Coordinator, New Yorkers Against Gun Violence

Thursday, March 3rd, 6:30 – 8:30pm Conversations on Race with Poverty Henrietta Public Library, 455 Calkins Rd., Henrietta. Presented by FFRPL in collaboration with: Jim Berger; Ververly Caldwell, *Metro Justice*; Renee Frazier, *Marketing A La Renee, Inc.*; Donna Goldberg, *FFRPL*; Jerry Ingram; Steve Jarose, *The National Coalition Building Institute*; Ann Johnson, *ACT Rochester*; Rebecca Johnson, *Rochester Institute of Technology*; Kit Miller, *The M K Gandhi Institute for Nonviolence*; Jim Thompson; Judy Toyer; Vivian MacClurg ; Sherry Walker-Cowart, *The Center for Dispute Settlement*; For more information contact Rebecca Fuss, FFRPL Director of Programming & Outreach, at 428-8350 or Rebecca.Fuss@libraryweb.org; **ALSO PRESENTED ON Monday, March 21, 6 – 8pm at Lyell Branch Library;** 956 Lyell Avenue, Rochester; **Thursday, March 24, 7 – 9pm, Irondequoit Public Library,** 1290 Titus Avenue, Irondequoit and **Thursday April 6, 6:00-8:00 PM Central Library of Rochester & Monroe County;** 115 South Avenue.

Tuesday, March 8th , 7pm, Living in Harmony Meeting; Henrietta United Church of Christ, 1400 Lehigh Station Road. *Cracking the Ocean Code.* From Nova Scotia to the Galapagos Islands to Antarctica, Dr. J. Craig Venter embarks on a mission to map the DNA of every microscopic organism in the ocean. Along the way, he discovers new species and new methods of tackling weather anomalies, ocean pollutants and even global warming. All interested persons are invited to attend. If you have questions, please contact Elizabeth Pixley at eypixley@gmail.com or 334-0977

Monday March 14th 4:30pm; and 7:30pm “The Role of Diet in Preventing, Arresting, and Reversing the Leading Causes of Death.” Lecture by Michael Greger, MD. The first speaker in the “Nutrition as Medicine” CME lecture series at the Rochester Academy of Medicine, co-sponsored by Rochester Lifestyle Medicine, PLLC and the Rochester Academy of Medicine. The schedule of lectures is as follows: 4:30pm: Early-bird lecture \$15; 6:00 pm: Meet-and-greet dinner with Dr. Greger \$25; 7:30pm: Evening lecture \$20. To order tickets and books, go to: <http://www.rochesterlifestylemedicine.com>

Sunday, March 20th, 1:00 to 4:30pm. FriendShare 3; Lake Riley Lodge at Cobbs Hill Park, 100 Norris Drive, Rochester. (Take I-490 to the Culver Rd. exit, and look for the duck pond!) Eat and drink and be merry! A party to give people interested in helping create a positive future an opportunity to meet one another. And, talk to people interested in some of the same subjects as yourself- meet kindred spirits. Please RSVP to Hank at hstone@rochester.rr.com, and ask friends you invite to let Hank know if they can come.

Monday, March 21st 7:00 to 9:00pm. Citizen’s Climate Lobby Chapter Meeting; First Unitarian Church (Room 228), 220 S Winton Road, Rochester, NY 14610; For more information contact: nyrochester@citizensclimatelobby.org

Save the dates:

April 6th, 7:00pm, Panel Discussion on Climate Change; Temple B’rith Kodesh; 2131 Elmwood Avenue, Rochester, NY 14618; Speakers will include Dr. Susan Spencer, founder of ROCSPOT, a group dedicated to transforming the Rochester economy from one based on fossil fuels to one powered by solar technology; Marc Dunlea of the Green Education and Legal Fund, which is dedicated to full employment and lower energy rates by transitioning to clean, renewable energy by 2030; and Vanessa Rule, founder of Mothers Out Front, a group also fighting for a complete transition away from fossil fuels-- for the good of the planet and our children and grandchildren. Sponsored by National Council of Jewish Women (NCJW)

April 16th, 10:00am-1:00pm, Activating Hope: Practical Tools to Prevent Burnout for Planet-Caring Folks; M.K. Gandhi Institute for Nonviolence, 929 South Plymouth Ave, 14608. Based on the work of Joanna Macy and Chris Johnstone: If you are feeling overwhelmed by environmental degradation and its effect on all that you care about and if you are worried that necessary change will not happen fast enough, please consider attending this gentle, experiential event filled with compassionate self-care, increased understanding, and healing. Within a community of like-minded folks you will share practical tools for climate activists, of all kinds, who want to prevent burnout. Presented by Shannon Richmond, Assistant Director of the M.K. Gandhi Institute for Nonviolence and Padme Livingstone, Director, A Quieter Place and a Rochester Pachamama Alliance Facilitator. ***Pre-registration requested by Monday, April 12th: 20 participant maximum.*** Contact Padme Livingstone at padme1948@gmail.com and [\(585\) 381-2093](tel:5853812093) for more information

April 21st & 23rd The Little and Dryden Theatres Fast Forward Film Festival showcases new environmental perspectives through short films created by aspiring and veteran filmmakers; <http://www.fastforwardroc.org/festival/>

April 28th, 6:30pm: A Special Showing of *The Messenger* at Cinemark Movies 10. *Su Rynard’s wide-ranging and contemplative documentary explores our deep-seated connection*

to birds and warns that the uncertain fate of songbirds might mirror our own. ☐In the words of Boreal biologist Erin Bayne, "Could we live without birds? That's one of the fundamental concerns when you play with nature, pull one piece out, and maybe that's a pivotal piece, we just don't know." Tickets are \$9.00. **The screening will only take place if 75 tickets are sold BEFORE April 21.** To purchase tickets go to <https://www.tugg.com/events/79835> To view the trailers go to <http://songbirdsos.com/portfolio/official-film-trailer/> Sponsored by Braddock Bay Raptor Research (www.bbrr.org) and Genesee Valley Audubon Society

SHARING AND LIVING THE VISION

Make GMO Labeling Happen in New York and help make 2016 the year New York labels GMOs Please consider joining Food & Water Watch and allies: GMO Free NY, NYPIRG, Consumers Union, Northeast Organic Farming Association of New York, Sierra Club Atlantic Chapter, NRDC, Goodboy Organics and many other groups in Albany for a Rally and Lobby Day. **Date: Tuesday, March 8, 2016; Time: 11:00 AM - 3:00 PM; Location: Legislative Office Building, third floor indoor terrace; State Street and Washington Avenue; Albany, NY 12224.** The rally hopes to send a simple message to our elected officials: Label GMOs Now! [Bus transportation](#) to Albany is available from locations across the state, including Rochester, Syracuse, Ithaca, Binghamton, White Plains, New Paltz, Manhattan and Long Island. RSVP for the rally and lobby day at <http://act.foodandwaterwatch.org/site/Calendar?view=Detail&id=120201>

Naomi Klein Interviewed on Bill Moyers <http://billmoyers.com/story/naomi-klein-climate-change-not-just-about-things-getting-hotter-its-about-things-getting-meaner/>

How to Answer Questions about Climate Change

<http://www.nytimes.com/interactive/2015/11/28/science/what-is-climate-change.html? r=0>

Recycling in Rochester: <http://rochesterenvironment.com/recycling.htm>

Help Protect Water: http://action.storyofstuff.org/signup/public_water_signup

What To Do About Mardi Gras Beads: <http://www.smithsonianmag.com/smart-news/organization-recycles-120000-pounds-mardi-gras-beads-each-year-180949980/?no-ist>

A Quieter Place Book Study; Active Hope: How to Face the Mess We're In Without Going Crazy by Joanna Macy and Chris Johnstone. Contact: Padme Livingstone, www.aquieterplace.com; padme@aquieterplace.com; 585-381-2093

THE GREAT TURNING

More Renewable than Fossil Energy?! The U.S. added more renewable electricity generating capacity last year than any other type, surpassing even booming natural gas installations. It was the second year in a row that renewable additions outpaced fossil fuels, signaling what might be a fundamental shift in the American power landscape. <http://www.pbs.org/wgbh/nova/next/tech/u-s-installed-more-renewable-than-fossil-energy-again-last-year/>

District Heating Reduces Waste, Lowers Carbon Emissions And Fuel Consumption And Saves Everybody Money. <http://www.theguardian.com/big-energy->

debate/2014/aug/20/denmark-district-heating-uk-energy-security

The World's Most Cutting-Edge Renewable Tech Is Powering Rural Africa:

<http://qz.com/604232/the-worlds-most-cutting-edge-renewable-tech-is-powering-rural-africa/>

Morocco To Launch World's Largest Solar Energy Plant

<https://www.middleeastmonitor.com/news/africa/23688-morocco-to-launch-worlds-largest-solar-energy-plant>

Clean Water Innovations: <http://qz.com/608984/this-solar-innovation-by-a-swedish-artist-uses-surprisingly-simple-technology-to-save-lives/>

CORE TEAM

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www.facebook.com/PachamamaRochester; <http://www.pachamama.org>

THIS IS YOUR MOMENT TO TAKE A STAND